



DISTRICT 2-X1 LIONS CLUB



2019-2020 Diabetes Awareness Essay Contest Rules

This annual contest is to give an opportunity to student participants to research, organize, and present perspective on a given topic related to Diabetes. The contest emphasizes on new ideas, understanding and dissecting social and individual issues associated with the condition. Contestant have the opportunity to win scholarship fund for college.

This year topic subject is “**Diabetes 101.**” Contestants are asked to research and write about the different types of diabetes to get a greater understanding of symptoms, causes, risk factors, and long-term complications of having diabetes. The essay should also identify medical treatments as well as lifestyle choices that can help individuals manage their diabetes.

Basic Rules and Qualifications

- Contestant **must** be sponsored by a Lion Club from District 2-X1 (<http://www.lions2-x1.org>).
- Registration fee is **\$100 per contestant**, provided by the sponsoring Lions Club, payable to ‘**2-x1 Charities Inc.**’
- Contestant must be Junior or Senior high school.
- The title of the essay doesn’t have to be the same as the topic subject, however, the essay should analyze the problem given in the subject and present a solution to the problem
- The essay should not exceed 1,500 words, exclude cited bibliography.
- Award and monetary award will be given to 1st and 2nd place winners (amount TBD).
- First place winner will advance to participate in the State level competition at the Texas State Lions Club Convention in Longview, TX on May 14-17, 2020.
- For State Convention, submission must include:
 - State contest application.
 - Two wallet-sized portrait picture (color).
 - Signed copy of Code of Conduct and Chaperone Guidelines.
 - Medical Power of Attorney.
 - Four copies of the essay.

Copy of State’s rules are available at <https://texaslions.org/forms-and-documents/>

Where do we find contestant(s)?

- School principals, counselors, and/or Science/English teachers.
- Youth Groups and Youth Programs.

Important dates:

- December 9, 2019 - Submission deadline for the Essay.
- January 6, 2020 - Notification will be sent to contestants.
- January 11, 2020 - Winner Award and Essay Presentations at the District 2-X1 Mid-Winter Conference in Lancaster Senior Life Center, Lancaster, TX.
- May 14-17, 2020 - Texas Lions State Convention, in Longview, TX.

For more information please contact:

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Flower Mound, TX 75022

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Ph: (972) 896-9953

Submit completed application, all required documents, and payment (check payable to ‘**2X1 Charities**’), to Lion Gloria’s address above.